

# **Boddington Marathon**

## **Cheltenham Gloucestershire**

**Saturday 16<sup>th</sup> May Start 10:00am**

### **RUNNERS INFORMATION SHEET**

Enclosed with this information sheet are travel directions to Boddington Manor, Boddington Lane, Boddington Cheltenham Gloucestershire GL51 0TJ

#### **Before the race**

**Parking:** Parking for the event is in a field which will be allocated by Boddington Estates Ltd which will be in a field next to Church of St Marys, Magalene, Boddington, Cheltenham, Gloucestershire GL51 0TJ

**Registration and general enquiries:** are located at Boddington Manor, Boddington, Cheltenham, Gloucestershire. GL51 0TJ

Which is 900 metres from the car park to Race HQ Boddington Manor follow signs and arrows to registration and general enquires.

**Registration** will be open from **06:30am** on race day

Boddington Marathon Run **Start 10:00am**

**you're running number and chip** will be issued on the day from race HQ. **You need to register by no later than 09:30am** Write your name; contact details and any relevant medical information should be on the back of your race number which should be pinned at each corner and visible on the front of your clothing during the race.

**The Start is going towards the village of Barrow which is 900 metres from Race HQ Boddington Manor.** Please allow enough time to get to the start.

#### **Race Briefing**

Assemble for race briefing on the side of the road just before the start line at 09.55am

**Time Limit** 7 Hours Age **Limit** 18 Years of Age

**COURSE**-1463 meters to church gate then 11 laps anticlockwise of laps 3533.2m then 867 metres to the Finish at Boddington Manor on a very flat, and Quiet and almost traffic free roads.

**The race is run anticlockwise entirely on rural country lanes, which are not normally busy.**

**There is a feeding station** on every lap with Water, High 5, Bananas, Chocolate, Coke, and Lemonade.

**Changing:** There are changing rooms and showers for either Women or Men.

Please note you are welcome to leave your personal belongings in the conservatory at Boddington Manor which is race HQ **at your own risk**

**In the interest** of your own safety and that of your fellow runners you will not be allowed to run **wearing an M P3 player or portable audio device (iPod or similar)** and you will risk being disqualified by the race referee. The roads will be closed to traffic along the long straight from Staverton village to St Marys Church Magdalene Boddington the remaining of the course will be open to traffic and if are not be fully aware of traffic around you. Neither will you hear instructions from marshals or the police.

**For reasons** of health and safety **your number** must not be transferred to **another person**. Doing so without the permission of the event organisers will result in disqualification

### **Postponement Extreme Weather Conditions**

In the unfortunate postponement of the event through circumstances beyond the control of the race organisers the event will be organised at the earliest possible date.

There will be no refunds but we have provided Event Protect Insurance free of charge for every one whom as entered this race. Please read section below Event Protect Insurance.

In the event of the race being postponed we will email you with the new date of the race also details will be put on the website

[www.beyondthelimitations.org.uk](http://www.beyondthelimitations.org.uk)

## **Event Protect Insurance Fee to runners who enter the Boddington Marathon**

**Event Protect Insurance** cover is included within your entry fee for this race. For further information of the cover being provided through Allianz Insurance please read section below.

Beyond The Limitations is an official Member of the Event Protect Programme – the industry standard in event cancellation protection. If this event is cancelled / postponed / abandoned / curtailed due to an unforeseen circumstance covered by the Event Protect policy, you may be entitled to a full or partial refund of your transaction costs. Event Protect ensures a fast, fair and transparent process for all ticket holders. For more information on the Event Protect Membership Programme and how to apply for a refund, please see our dedicated information page here: <http://bit.ly/2Fo78QB>

**Marshals** will be situated at all significant turning points to look after runners' safety so please follow and comply with their requests at all times.

### **During the race**

**RUNNERS MUST KEEP TO THE LEFT HAND SIDE OF THE ROAD FOR THE WHOLE OF THE RACE.** Please do not cause concern by *running 3 or more abreast and, at the same time, crossing to the right to cut corners* causing danger to your selves and other road users; follow the advice of marshals and if running in groups keep no more than three abreast and on the left hand side of the road. Should you be seen running in a way that may cause danger then you risk disqualification.

### **Notice to runners' supporters - no cars or bicycles on course**

Because of the road narrowness around the course, supporters are asked not **to travel around the course in cars**

**Refreshments:** Are available coffee, tea, rolls and cakes at Race HQ

**Presentation of awards:** for the first three Individuals Men and Women

Vet Prizes Women V40, V50, V60, V70, V80

Vet Prizes Men V40, V50, V60, V70, V/80

**Presentation of awards will be made as soon as possible after the race at Boddington Manor Race HQ. (Please note an athlete can only win one prize in the open race)**

### **Personal and Medical details**

Has a condition of entry to this event you are required to complete your personal and medical details in the boxes on the back of your race number. You also agree that these may be made available, along with any other personal details to the event organisers and the relevant medical race services. In the event of an emergency part of the event terms and conditions are that you agree to supply your contact details to these bodies. By displaying your number you are agreeing to the terms and conditions of this event. Your next of kin/emergency contact should be someone who will be contactable on the day of this event.

### **Course**

The course has a UKA Certificate of Course Accuracy. The course is a single loop of 3.533.2 metres which is flat and fast course. Runners must keep to the left hand side of the road for the whole race and at no time cross to the right hand side of the road to cut corners this may cause danger to yourselves and other road users. Therefore please follow the advice of the marshals and if running in groups keep no more than three abreast and keep to the left hand side of the road. Should you be seen running in such a way as to cause danger to other road users then you risk disqualification.

### **OUR FINAL THANKS GO TO**

We give our very grateful thanks to Local Medical Services for medical support and to those friends and members of Gloucestershire AAA, The Royal British Legion Hardwicke, Tewkesbury A.C and Raynet UK Radio Communications

### **Directions to event**

#### **From M5 Junction 10 South bound (no exit for northbound traffic)**

Boddington is located just off the A4019 between Cheltenham and the A38 from Tewkesbury to Gloucester. It is about 4 miles NE of junction 11 of the M5.

If approaching southwards on the M5, exit at junction 10 filter left onto the A4019 heading towards Cheltenham and move immediately into the right hand lane to turn right. Make a U-turn on the A4019 and cross over the motorway bridge. And take the first left to Boddington follow this road for approximately  $\frac{3}{4}$  of a mile just after the S bend Boddington Church there will be a marshal on your left hand side of the road which will direct you to the event car park. Please ensure you keep to the left hand side of

the road as the runners will be participating in the Boddington 100K Road Race. Please ensure you keep to the left hand side of the road as the runners will be participating in the Boddington 100K Road Race

### **From Cheltenham Town Centre**

Follow A4019 on the Tewkesbury Road coming out of Cheltenham at the first roundabout A4019 take the 2<sup>nd</sup> exit off the roundabout Tewkesbury Road A4019 straight on for 2 miles over the Motorway M5 withy bridge on the right hand side of the road is the Gloucester Old Spot Public House take the next turning left signed Boddington for approximately 0.75 of a mile just after the S bend just before St Mary Church Boddington which will be on your left hand side of the road there will be a marshal to direct you left into the event car park.

Please ensure you keep to the left hand side of the road as the runners will be participating in the Boddington 100K Road Race.

We wish you an enjoyable and successfully run

Thank You for supporting our event

The Beyond the Limitations Team

# BODDINGTON MARATHON

